

Masjidul Taqwa Newsletter

2575 Imperial Avenue
San Diego, CA 92102

7/3/2015

Volume 1 Issue 5

Imam's Corner

Abu Huraira reported that the Messenger of Allah

(saws) said : As for three persons, their supplications are not refused - a fasting person at the time he breaks his fast ,a just imam, and the supplication of an oppressed man...

It is with great enthusiasm that we greet the blessed month of Ramadan. Masjidul Taqwa will search for the 'Night of Power' on Saturday July 11th (25th night of Ramadan). Eid celebration is scheduled for July 18th, location TBA.

Jumma Prayer Fri at 1:00 pm

Condolences to the Nine Victims of the Shooting at Emanuel AME Church in Charleston, SC.

A mass shooting at an historic black church in Charleston, S.C., is drawing reaction of shock, outrage, grief and support for the church members in a hate crime. [Emanuel AME Church](#) is an historic African-American church that traces its roots to 1816 and has been called "Mother Church," according to its web site. Located on Calhoun Street in the heart of downtown Charleston, the church claims one of the largest black congregations south of Baltimore. It is believed to be the oldest AME church in the South.

Health Corner

Detoxifying is getting rid of the storage of toxicity that has been accumulated, normally a natural process of the body. Detoxifying our bodies is a lot like cleaning a house. Before we start any building, repairing, or remodeling projects we need to clean the space. We first need to pick up any mess and clutter to get a better perspective on the space. When working with our bodies we have to have the same attitude. We can't expect our organs to perform well if they are congested and toxified by years of neglect, over eating, stress overload, secrets.

We hold onto toxicity mainly for protection. When we release we release on many levels. Until we get in touch with the reasons we accumulate, there will be no answers to the problem of toxifying.

15 Ramadan 1436	
July 2, 2015	
Fajr	4:24
Sunrise	5:44
Dhuhr	12:53
Asr	4:35
Maghrib	8:01
Isha	9:23

Duah During Tarawih

Free from all imperfections (is Allah) the Possessor of Honour, Greatness, Awe, Power, Glory and Grandeur. Free from all imperfections is the Real King Who is Ever-living, Who neither sleeps nor dies. For Him is Purity and Holiness. (He Is) our Lord and the Lord of the angels and Gabriel.
O Allah: protect us from the Fire.
O Protector! O Protector! O Protector!

Powerful Tips for the Last 10 Nights - by Sheikh Tawfique Chowdhury : Continued on page 3 & 4...

THE QURAN ON FASTING

"O you who believe! Fasting is prescribed for you as it was prescribed for those before you, that you may become Al-Muttaqun (the pious).(Fasting) for a fixed number of days, but if any of you is ill or on a journey, the same number (should be made up) from other days. And as for those who can fast with difficulty, (i.e. an old man, etc.), they have (a choice either to fast or) to feed a poor person (for every day). But whoever does good of his own accord, it is better for him. And that you fast, it is better for you if only you know." (2:183-84)

يَتَأْتِيهَا الَّذِينَ ءَامَنُوا كِتَابٌ عَلَيْهِمْ الصِّيَامُ كَمَا كُتِبَ عَلَى الَّذِينَ مِن قَبْلِكُمْ لَعَلَّكُمْ تَتَّقُونَ ﴿١٨٤﴾

أَيُّهَا مَعْدُودَاتِ فَمَن كَارَ مِنكُم مَّرِيضًا أَوْ عَلٰى سَفَرٍ فَعِدَّةٌ مِّنْ أَيَّامٍ أُخَرَ وَعَلَى الَّذِينَ يُطِيقُونَهُ فِدْيَةٌ طَعَامٌ مِّن سَكِينٍ فَمَن تَطَوَّعَ خَيْرًا فَهُوَ خَيْرٌ لَهُ. وَأَن تَصُومُوا خَيْرٌ لَّكُمْ إِن كُنتُمْ تَعْلَمُونَ ﴿١٨٥﴾

Allah intends for you ease, and He does not want to make things difficult for you. (He wants that you) must complete the same number (of days), and that you must magnify Allah for having guided you so that you may be grateful to Him" (2: 185).

أَجَلٌ لَّكُمْ لَيْلَةُ الصِّيَامِ وَالرَّقِشِ إِلَىٰ ذِي سَاعٍ لَّكُمْ وَأَنْتُمْ لِيَسَّ لَهُنَّ عَلِيمٌ اللَّهُ أَنزَلَ لَكُم مِّنْهُ مَنَاحِدَ نَحْتًا نُّورًا أَنفُسِكُمْ فَتَنَابَ عَلَيْكُمْ وَعَمَّا عَنْكُمْ فَأَلْتَنَ بَشِيرُوهُنَّ وَابْتَعُوا مَا كَتَبَ اللَّهُ لَكُمْ وَكَلُوا وَأَشْرَبُوا حَتَّىٰ رَبَّيْنَكُمْ لَكُمْ الْخَيْطُ الْأَبْيَضُ مِنَ الْخَيْطِ الْأَسْوَدِ مِنَ الْفَجْرِ فَأْتُوا الصِّيَامَ إِلَى الْبَيْلِ وَلَا تَبَشِّرُوهُنَّ وَأَنْتُمْ عَنْكُمُوهُنَّ فِي الْمَسْجِدِ بِكَ حُدُودَ اللَّهِ فَلَا تَقْرُبُوهَا كَذَلِكَ يَذِّبُ اللَّهُ ءَابَتِيهِ لِلنَّاسِ لَعَلَّهُمْ يَتَّقُونَ ﴿١٨٥﴾

Frederick Douglas, may have said it best in the year 1852 July 5th;

What To the American Black is The 4th of July

I say it with a sad sense of the disparity between us. I am not included within the pale of this glorious anniversary! Your high independence only reveals the immeasurable distance between us. The blessings in which you, this day, rejoice are not enjoyed in common. The sunlight that brought light and healing to you has brought stripes and death to me. This **Fourth of July** is yours, not mine. You may rejoice, I must mourn. To drag a man in fetters into the grand illuminated temple of liberty, and call upon him to join you in joyous anthems, were inhuman mockery and sacrilegious irony.

Fellow citizens, above your national, tumultuous joy, I hear the mournful wail of millions! Whose chains, heavy and grievous yesterday, are, today, rendered more intolerable by the jubilee shouts that reach them? To forget them, to pass lightly over their wrongs, and to chime in with the popular theme would be treason most scandalous and shocking, and would make me a reproach before God and the world. Standing there identified with the American bondman, making his wrongs mine. I do not hesitate to declare with all my soul that the character and conduct of this nation never looked blacker to me than on this **Fourth of July!**

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ANNOUNCEMENTS

Free Phones; If you receive Medical, EBT, SSI, WIC, make less than \$25,000/yr., call Brother Mikhail: 808-314-5499

Arabic Classes Mon. and Tues 6:30 pm at Masjidul Taqwa, Instructor, Brother Hakeem Little 619-930-2408.

Muslim Women of Masjidul Taqwa Business Meeting, 1st Sunday @ 11:30 am – Women's Religious Studies Classes, 3rd Sunday, 11:30 am New Officers – Facilitator, Tahira Faruq, Asst. Facilitator, Hajar Young; Secretary, Nena Salaam, Asst. Secretary, Darleen Fardan; Treasurer, Lisa Shabazz, Asst. Treasurer, Jameelah Hassan.

Embrace the Homeless

Join us in saying, "We're with you". We feed the Homeless the last Sunday of each month. Please join us!

Events

Watch Imam Wali on Cox Cable TV Channel 23. Every Saturday from 8:30 am to 9:30 am Islamic Studies Conference call every Sunday 7:00 am pst 1-712-775-7035 code- 697478#

Masjid Executive/ Board Committees:

- I. Resident Imam, Wali Fardan
 - II. Committee Chair, Dr. Coulibaly
 - III. Treasurer, Ameerah Abdullah-Johnson
 - IV. Muslim Women Masjidul Taqwa Facilitator, Tahira Faruq
 - V. Muslim Journal Rep, Bakir Madyun
 - VI. Security Department, Hakeem Givens
 - VII. Educational Services and Tutoring Dr. Lansana Coulibaly
 - VIII. Media Production Coordinator, Douglass Ahmed
 - IX. Maintenance Coordinator, Douglass Ahmed
 - X. Hospitality, Chairperson, Jameelah Hassan
- Secretary: Darleen Fardan
Muezzin: Muhammad Abdullah

This community newsletter is a monthly publications of Masjidul Taqwa.

Reminder: –All young children must be accompanied by parent

All material for this publication must be approved. Announcements must be Masjidul Taqwa related and may be printed in order of priority. Announcements and business listings will be edited for clarity and/or due to space limitations. Deadline for all submissions is last Tuesday of the month by noon. Contact Hajar Young 404-438-1991

With Allah's Name, the Merciful Benefactor, the Merciful Redeemer

With deepest sympathy and condolences To the family of DANA MUHAMMAD of MM8. Inna Lilah wa inna llayhi rajiou.....From Allah we come and to Him is our return.

Du'a Our Lord! Take us not to task if we forget or fall into error. Qur'an 2:286 Al Baqarah—The Heifer.

Ramadan is the ninth month in the Islamic calendar and Muslims are required to fast during this month. The fast is to abstain from food, drink and marital relations from dawn until sunset, but Muslims are also encouraged to increase in their worship in general and also the recital of the Holy Qur'an. In accordance with the practice of Prophet Muhammad (peace be upon him) [Charity](#) is also encouraged in this month and many choose this time of the year to fulfill the requirement of *Zakaat*.

. You cannot attain righteousness until you give to charity from the possessions you love. Whatever you give to charity, GOD is fully aware thereof." -Holy Quran 3:92

Masjidul Taqwa San Diego is a non-profit 501c3 religious organization. Your charity is tax deductible. To volunteer time please contact the masjid at taqwa @masjidul taqwasandiego.org. Donate Money Make a one-time donation by credit card. After clicking "Zakah" or "Sadaqah" on the web page, you will be taken to PayPal to process payment.

WE CANNOT STOP NOW!



Powerful Tips for the Last 10 Nights - by Sheikh Tawfique Chowdhury :

1. Do not let your 'performance' until now affect your last 10 days. The moment of forgiveness could be today or anytime in the coming days! It is not all lost! If you sincerely wish it could have been better - Chin up and get ready to make it your best yet! Start with a positive, sincere intention!
2. Today, take a little time to read the Tafseer of Surah al-Qadr to understand what actually happens this night! You will feel its power & greatness so much more!
3. Do not wait for the 27th Night to give it your "all". The entire last 10 days should be your target. Stay up each night! Would you want to miss Laylatul Qadr even "by chance"?
4. Do not fall into any innovations/celebrations any masjid or culture might try to promote. Follow the Sunnah! The Prophet (sallAllahu 'alaihi wa sallam) guided us simply: "Whoever stays up and prays on Laylat al-Qadr out of faith and in the hope of reward, his previous sins will be forgiven."
5. Memorize and keep asking the dua' taught by Rasulullah (sallAllahu 'alaihi wa sallam): Allaahumma innaka 'afuwun tuhibb al-'afwa fa'afu 'anni (O Allaah, You are forgiving and You love forgiveness, so forgive me).
6. Prepare a short du'a' list. Remember this is as awesome as it ever gets for a servant of Allah! The Night of Qadr, of Destiny! Consciously pick each and everything you crucially wish for in this dunya, in your deen, family, and in your aakhirah! Don't forget to include the brothers and sisters around the world who are suffering and in grief!
7. Take brief naps during the day, if possible. Keep your stomach light and sleep as soon as you have prayed 'isha. Do not delay! After a brief nap, refresh yourself and get ready for worship.
8. Don't neglect your family! Rasulullah made it a point to wake up his wives throughout these nights! And yes, your children are not too young to stay up some part of the night - if they can be allowed to play video games or watch TV, they can be inspired to be up at least for sometimes. Prepare them, make them excited, plan some activities for them to do!
9. Look the Part: The way we dress and prepare has a big effect on our psychology. Wear your best, perfume yourself, and feel the energy!
10. Choose a spot, whether in the Masjid or in your home, where you can have peace and solitude. Keep your mushaf, praying mat, and water at hand so that you are not distracted by constantly getting up for this or that.
11. IMP: This is not the night to tweet pics or update FB statuses about how amazing the night is and how you are feeling & worshipping Allah! Let that be a secret between you & your Rabb! So switch off those phones, wifi, laptops and computers. Disconnect with the world, and connect with al-'Afuww!
12. If you find yourself feeling sleepy, vary your acts of worship. Alternate between qiyaam, heartfelt dua'a, reading the Qur'an. Do not spend the night listening to lectures or recitations. Or do it only for a short while when you feel the sleep coming on!
13. Patience is the Key: The last 10 days might be tiring. You might still have work or school. This is the time to bear all that hardship, and keep firm sabr. Think how Allah has blessed you with this tremendous opportunity that might NEVER come again in your life again. If you knew for sure that this was your last Ramadan, if you knew certainly that Jannah was up for grabs, wouldn't you sprint for it no matter what it takes?
14. This is most important: Keep husn adh-dhann bi Allah (good expectations from Allah). When you ask, remember you are asking the Most Generous King. If you hope for the best, He will give you the best. Don't hold back. Trust in Him, pour out your heart in front of Him, and let no doubt, no barrier, no evil thoughts keep you away from ar-Rahman, ar-Raheem!

Allahumma ballighna laylatal qadr..