Masjidul Taqwa
San Diego

Newsletter

Volume 2 Issue 2 February 2016

Imam's Corner

Misplaced Devotion By Imam Wali T. Fardan

Any time you give your whole life to anything except Allah that is misplaced devotion. Allah says to us in the Qur'an give your whole self to Allah. Some of us will give our whole selves to our wives, husbands, parents or even our children and some of us go after money the same way. But the only thing we should give our whole self to should be Allah. Sometimes we fail in our relationships because we are giving too much. You were making that relationship your whole world and no person is our whole world, not even religious devotion. There is a story of a man who prayed all the time and neglected his obligation to work, and of a man who worked all the time and neglected his obligation to pray. When I give my whole self to Allah, when pleasing Allah is the biggest and most important concern in my life, when I give my heart to Allah, then he will guide me to keep my affairs in order, to keep my priorities straight.

أَلَا لِلَّهِ ٱلدِّينُ ٱلْخَالِصُ ۚ وَٱلَّذِينَ ٱتَّخَذُوا۟ مِن دُونِهِۦٓ أَوْلِيَآءَ مَا نَعْبُدُهُمْ إِلَّا لِيُقَرِّبُونَآ إِلَى ٱللَّهِ زُلْفَىٰٓ إِنَّ ٱللَّهَ يَحْكُمُ بَيْنَهُمْ فِى مَا هُمْ فِيهِ يَخْتَلِفُونَ ۗ إِنَّ ٱللَّهَ لَا يَهْدِى مَنْ هُوَ كَـٰذِبٌ كَفَّارٌ ﴿٣﴾

Verily it is We Who have revealed the Book to thee in Truth: so serve Allah offering Him sincere devotion. Is it not to Allah that sincere devotion is due? But those who take for protectors other than Allah (say): "We only serve them in order that they may bring us nearer to Allah." Truly Allah will judge between them in that wherein they differ. But Allah guides not such as are false and ungrateful.

Surah 39. Az-Zumar, Ayah 3

Weekly Calendar

Jumuah Prayer – *Fridays at 1:00 PM*
Taleem Service – *Sundays at 1:00 PM*
Intermediate Qur'anic Arabic Class – Mondays & Wednesdays at 6:30 PM – 7

Islamic Studies Conference Call – Sundays at 8:30 AM dial-in info (605) 562-3140 Access Code 684012#

Taqwa Feed the Homeless – Last Sunday of each month at 10:00 AM join the believers in feeding the homeless.

Muslim Women of Masjidul Taqwa – 1st and 3rd Sundays at 11:30 AM

"The Reading" – Thursdays at 7:00 PM

Opinions and viewpoints are welcomed Deadline for submission is last Tuesday of the month by noon. Email us @ publicity@masjidultaqwasandiego.org

Masjidul Taqwa Community

Executive Board:
-Lansana Coulibaly
-Ameerah Johnson
-Wali Fardan
General Board (Committee Chairs)
-Security-Hakeem Givens, Malik Muhammad
-Hospitality-Jameelah Hassan
-Publicity & Promotions-Hakim Alaji
-Yusuf Shaheed Learning Center-Gwana Ajibola
-MM2-Aminah Johnson
-Muslim Women of Masjid Taqwa-Tahira Faruq (Lisa Shabazz)
-Muslim Journal-Bakir Madyun

Abdullah Yusuf Ali, was a British-Indian Islamic scholar who translated the Qur'an into English. His translation of the Qur'an is one of the most widely known and used in the English-speaking world. He was also one of the trustees of the East London Mosque. His original translation of The Holy Qur'an was revised in 1989 for the first time after his death. It started as a joint collaborative project with The International Institute of Islamic Thought in the USA and Amana Publications.

- Born: Apr 14, 1872 · Mumbai, India
- Died: Dec 10, 1953 · Brookwood, UK
- Education: University of Cambridge

Book of the Month

Purification of the Heart: Signs, Symptoms and Cures of the Spiritual Diseases of the Heart.

By Hamza Yusuf

If we examine the trials and tribulations all over the earth, we'll find they are rooted in human hearts. Covetousness, the desire to agress and exploit, the longing to pilfer natural resources, the inordinate love of wealth, and other maladies are manifestations of diseases found nowhere but in the heart. Every criminal, miser, abuser, scoffer, embezzler and hateful person does what he or she does because of a diseased heart.

This book offers an insightful introduction to one of the most ancient of religious concerns: spiritual purification of the heart.

The State of the Ummah

The State of the Ummah meeting was initiated by the Publicity and Promotions Committee of Masjidul Taqwa. The meeting convened on January 17, 2016 at 11:00 a.m. The event was hosted by Nena Salaam, Hajar Young, Hakim Alaji and Shakir Fardan. Our Imam, Wali Fardan, delivered the welcome to the community. The purpose of the 'call to meet' was to facilitate dialogue between members of the community. What are your future plans, goals and activities for 2016? This question was posed to each committee chairperson; after which followed a questions and answer session.

Thanks to all those who participated or who were just spectators. You all are sincerely appreciated. The community turnout was exceptional. The fundraising lunch was superb.

Thank you, Sister Nena, for your professionalism, dedication and competency from the beginning of this event to the end. Thank you for 40+ years of continuous service to Masjidul Taqwa.

"STATE OF THE UMMAH "
January 2016
Community Members Shurah Meeting

Come rain, come snow, come hail or sleet,

"And they are those who give food – in spite of their own need , to the needy, and the orphan, and the captive, [saying in their
- *hearts],'We only feed you for the sake of God, and we desire nothing in return from you, not even a word of thanks" (76:8-9*)

On the last Sunday of any given month you will find MEMBERS OF MASJIDUL TAQWA fulfilling Allah's command to feed the hungry.

Health:

Bipolar Kids Need Nutrition, Not Junk Food and More Drug: Orthomolecular Medicine News Service, October 16, 2008 (Excerpt)

Psychiatrist Abram Hoffer, M.D. and his colleague, Dr. Humphrey Osmond in the early 1950s, had success treating children's behavioral disorders with high doses of vitamin B-3 (niacin, or niacinamide). The trials were double-blind and placebo controlled.

Parents used information from their trials to treat their own children. For example, a mother tried giving her schizophrenic son 500 mg of niacin, three times daily (1,500 mg total). There was some improvement. With about 500 mg every two hours (6,000-8,000 mg/day), the boy was a new person. He became a cheerful, cooperative, affectionate youngster. Adding vitamin C and B-6 to his regimen helped even more. His school performance soared, the teachers loved him. At age 15, his maintenance dose was about 3,000 mg/day. He has since graduated from high school and is successfully employed. This is exactly in line with what Dr. Hoffer has repeatedly demonstrated for over 50 years.

Dr. Hoffer has repeatedly demonstrated for over 50 years that nutrition is key to proper brain function and emotional health. He has worked with autistic, ODD, ADD and ADHD children. Sadly, his work is not generally being used by psychiatrists and doctors. (http://www.doctoryourself.com/index.html)

(Those who wish to start a Juice Club at Masjidul Taqwa, contact Ali Hassan.)

Question of the Month

How Can You Support?

#BlackLivesMatter is working for a world where Black lives are no longer systematically and intentionally targeted for demise. We affirm our contributions to this society, our humanity, and our resilience in the face of deadly oppression. We have put our sweat equity and love for Black people into creating a political project–taking the hashtag off of social media and into the streets. The call for Black lives to matter is a rallying cry for ALL Black lives striving for liberation.

The total area of land and water on earth is 196,940,000 sq. miles. The diameter of the earth is 7,926 miles. The area of land is 57,252,000 sq. miles. The area of water is 139,685,000 sq. miles. The Pacific Ocean covers 68,634,000 sq. miles. The Atlantic Ocean covers 41,321,000 sq. miles. The Indian Ocean covers 29,430,000 sq. miles.

Seerah 22

The New Society in Medina

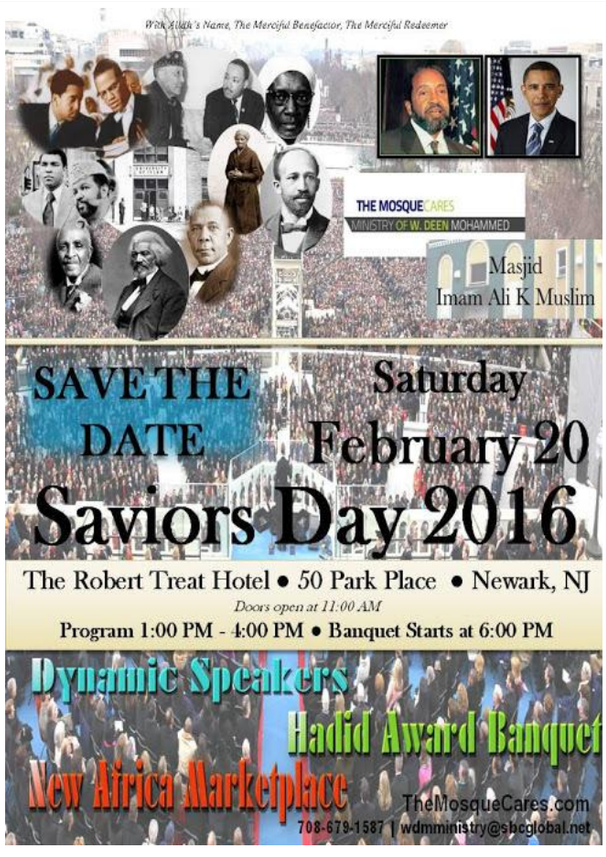
Muhammad (pbuh) with his own hands helped to build this new mosque.

IN THE NEWS

Iraqi and American officials leading the military campaign against the Islamic State now have to wrestle with a challenge that has the potential to change battlefield fortunes: The slumping price of oil.

The semi-autonomous Kurdistan Regional Government in northern Iraq, as an oil-producing region, has racked up $18 billion in debt, which has imperiled its ability to pay state workers and security forces.
This is especially worrisome since Kurdish security forces have been instrumental in rolling back the Islamic State's advances.
The government in Baghdad, meanwhile, is scrambling to avoid a budget shortfall this year. Iraqi officials last year obtained a $1.7 billion loan from the World Bank and reached an agreement with International Monetary Fund that will allow it to obtain additional funds.

Reprint from "Muslim Journal" Jan. 22, 2016
By Imam Noah Seifullah



The Mosque Cares' mission is to serve People, Community, Humanity, and inculcate the high principles and values of the Qur'an and the excellent model of human life, Muhammad The Prophet, (prayers & peace be upon him).

Reminder: All young children must be accompanied by a parent.

Tickets on sale @KUUMBAFEST.com

MM2

Modern Masjid, Modern Message

As the oldest masjid on the West Coast established by indigenous Muslim, Masjidul Taqwa is a historic masjid. We need your help as we embark on a bold new first – the first Green Masjid on the West Coast! The design of the new masjid is intended to be a synthesis of traditional Islamic architecture while utilizing green technology to reduce our carbon footprint. Join the movement.

Donate today. Visit our website www.masjidultaqwasandiego.org and click on **MM2 I want to Help!**

Advertisements

Buy **Muslim Journal** at Masjidul Taqwa every Friday after Jumuah. See brother Bakir or call (619) 277-9056

Natural Wellness Massage Clinic Certified Massage Therapist - Hajar Young, 404-438-1991. Schedule your appointment.

Rashidah's Unique Broom Commercial and Construction Cleaning, "Sweeping the Competition Out the Door",
Rashidah Abdul-Khaliq
619-347-2434

Al- Nur USA for Hajj & Ummrah
Imam Taha Hassane 1-888-548-7519,

Announcements

Caregiver Needed For Mother: Please contact Michael Saafir 518-253-7477. Paying $$

American Muslim 360: Where your voice is protected and your intellect respected. Source: American Muslim360 (AM 360) Online Radio

Free Phones: If you receive Medi-Cal, EBT, SSI, WIC, make less than $25,000/yr., call Brother Mikhail: 808-314-5499

Please remember that all material bearing the name "Masjidul Taqwa" should be approved by the Promotions and Publicity Committee before circulation. No materials publicizing any event should be posted on the walls or doors of the masjid.

(الـ عظ يم) الله أ سـ تـ غـ فر
Astaghfirullah (Al-'athim)
I ask Allah (The Almighty) for forgiveness

Masjid Board Officers

Resident Imam: Wali Fardan
Committee Chair: Dr. Coulibaly
Treasurer: Ameerah Abdullah-Johnson
Secretary: Darleen Fardan

Masjidul Taqwa San Diego is a non-profit 501c3 religious organization. Your donations and charity are tax-deductible. To volunteer time please contact the masjid at (619)239-6738. Donate Money: See treasures office or go to www.masjidultaqwasandiego.org and click "Zakah" or "Sadaqah", You will be taken to PayPal to process payment.

About Masjidul Taqwa Newsletter

This newsletter is a monthly publication of Masjidul Taqwa. It is a community effort. In shaa Allah, it will serve every member of this community and be a tool for growth and improvement. Your input and critique are looked for and appreciated. Please feel obligated to contact the Publications and Promotions Committee with your suggestions and articles at **publicity@masjidultaqwasandiego.org** or call Hajar Young 404-438-1991

All material for this publication must be approved. Announcements must be related to Masjidul Taqwa and may be printed in order of priority. Announcements and business listings will be edited for clarity due to space limitations. **The Deadline for all submissions is the last Tuesday of the month by noon.**